FAQ's

What is RRFSS?
A group of Ontario health units are collecting information about health-related behaviours among Ontario adults 18 years of age and over. This ongoing survey is called the Rapid Risk Factor Surveillance System (RRFSS). Participants will be asked questions about smoking, physical activity, alcohol use, sun safety, women's health issues, bike helmet use, and more.

What is the Purpose of RRFSS?
The purpose of RRFSS is to provide timely, useful information to help plan local public health programs and services. We need to learn more about the behaviours of Ontarians so that we can improve the health of our communities.

How did you get my telephone number?
Your number was selected randomly using a computer program.

Who will be interviewing me?
Trained telephone surveyors will call and ask you to participate in the survey on behalf of your local Health Unit.

Do I have to participate?
Your participation in this survey is completely voluntary, but your participation will be helpful. Your individual information will remain confidential and anonymous. You can refuse to answer any questions if you are not comfortable with them.

How long will it take me to answer all of the questions?
The survey will take about 20 minutes to complete. If an interviewer calls and you do not have the time, an appointment can be made for a day and time that is more convenient for you.

Who will see this information?
The information collected in this survey will be used by your local health unit to plan programs and activities. Health Units may use this information to write reports, which may be available on your Health Unit website or the RRFSS website (www.rrfss.ca). In no way will the reports identify any person.

Who do I contact for more information?
If you have any questions about the survey, you can contact the RRFSS representative at your local Health Unit. See the RRFSS website for a list of participating Health Units and their contact information.